

PARC Collaboration Application

Section 1: Contact and Funding Information

Name:	Title:
Department:	Email:
Funding Status: <input type="checkbox"/> Plan to Submit (Submission deadline [e.g., October 2024]: _____) <input type="checkbox"/> Pending (Expected result announcement [e.g., March 2025]: _____) <input type="checkbox"/> Funded (internal <input type="checkbox"/> or external <input type="checkbox"/>)	
Funding Source and Type (e.g., NIH R21): _____	

Section 2: Study Information

Title:
Population (e.g., older adults): _____
Sample Size: _____
Design: <input type="checkbox"/> Acute Exercise <input type="checkbox"/> Chronic Exercise (Intervention Duration: _____ months) <input type="checkbox"/> Other (Please explain): _____
Primary Outcome (e.g., body weight): _____
Start and End Dates (e.g., February 2025 - January 2027): _____
Brief Description (1 sentence): _____

Section 3: Service Item (Please mark all requested services)

Exercise Training	Total Sessions/Tests During Study Period
<input type="checkbox"/> Acute aerobic exercise	_____ sessions
<input type="checkbox"/> Chronic aerobic exercise	_____ sessions
<input type="checkbox"/> Acute resistance exercise	_____ sessions
<input type="checkbox"/> Chronic resistance exercise	_____ sessions
Body Composition	
<input type="checkbox"/> Height & weight	_____ tests
<input type="checkbox"/> Waist & hip circumference	_____ tests
<input type="checkbox"/> DEXA	_____ tests
Physical Fitness	
<input type="checkbox"/> Cardiorespiratory fitness (submaximal: 85% HRmax)	_____ tests
<input type="checkbox"/> 1-Repetition Maximum (maximum bench & leg press)	_____ tests
<input type="checkbox"/> Handgrip strength	_____ tests
Hemodynamics	
<input type="checkbox"/> Blood pressure (peripheral blood pressure at resting)	_____ tests
<input type="checkbox"/> Arterial Stiffness (carotid-femoral pulse wave velocity)	_____ tests
Other Requests:	_____ tests

For any questions or more information (e.g., about the type of service available), please email Physical Activity Research Center (PARC) Director: Dr. Duck-chul Lee dclee@pitt.edu